



ISA district cross country championships

On 27 January Mr Vincent took a squad of boys and girls to Frewen College near Rye to represent Oakhyrst Grange in the ISA cross country championships. The team was Madeleine H., Ria P., Sofie S., Becky P., Henry B., Christian A., Ryan T., Michael D., Cameron M., Alex J., Thomas D., John R. and myself.

We knew that anyone who finished in the top ten would be selected to run for London South in the ISA National Championships in Rugby later this term.

First up were the girls. There were 48 girls racing. At the finish Ria was in 10th position but at the line she was overtaken by a girl with a sprint finish. Ria still finished in a very respectable 11th. Sofie was 31st, Madeleine was 33rd and Becky was 40th.

Then it was the boys. This was a much bigger field with 72 boys running. Michael came a respectable 16th, Alex 29th, Cameron 34th, John 41st, Christian 48th, Henry 53rd, Thomas 54th and I came 9th.

Well done to everybody.

I would like to thank Frewen College for organising the event, Mr Vincent for taking us and the parents who came and supported.

Ben R.