



Oakhyrst Grange School

Week 2

Monday

Buttered Conchiglie in a Cream Sauce with Honey Roast Ham,
Onions, Cheese and Oregano Sauce
Vegetarian option as above but without ham
Mini Chocolate Muffins

Tuesday

Beef and Vegetable Hot-Pot
Leek and Peppers in a Paprika Sauce
Strawberry Gateau

Wednesday

Slow Baked Chicken in Button Onion and Mixed Herb Sauce
served with Spiced Potato Wedges
Crisp Stir-Fried Vegetables in Black Bean Sauce with Rice
Fruit Flapjacks

Thursday

Cassoulet of Lamb & Vegetables with Saute Lyonnaise
Vegetable Puff Pastry Wrap with Tomato and Tarragon Sauce
Ice Cream and Sponge Roll

Friday

Oven-cooked Fish with Parmentier Potatoes & Peas
Medley of Fresh Fruit

Please note that a suitable alternative to all of the main courses will be available for those pupils with a registered allergy or intolerance. All meals may be subject to change.