



Oakhyrst Grange School

Week 3

Monday

Farfalle Bolognese (ribbons of pasta in a beef and tomato sauce)
served with cheese

As above with vegetables and excluding beef
Chocolate Sponge Pudding

Tuesday

Sausage Risotto scented with Garlic & Herbs
Creamed Vegetable Risotto
Apple Crumble served with Sweet Vanilla Cream

Wednesday

Barbecued Loin of Pork with Stir-Fried Vegetables
A Ratatouille of Vegetables
Strawberry and Meringue Mousse

Thursday

Baked Breast of Chicken in a sauce of Bechamel and Fresh Herbs
served with Oriental Rice
As above excluding Chicken
Fruit Salad and Cream

Friday

Macaroni Cheese
Choice of Yoghurts

Please note that a suitable alternative to all of the main courses will be available for those pupils with a registered allergy or intolerance. All meals may be subject to change.