

**Oakhyrst Grange School**

**Menu – Autumn Term 2021**

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| **Menu** **Week 3** | **Week Commencing:-** | **Sample Menu** | **Subject to Change** |  |  |
| **Dish of Day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  | **Sweet and Sour Pork Steaks with Steamed Rice and Seasonal Vegetables** | **Coq au Vin with Creamy Mash Potato served with Seasonal Vegetables** | **Beef Bourguignon served with Seasonal Vegetables and Potatoes** | **Roast Chicken, Roast Potatoes, Yorkshire Pudding served with Seasonal Vegetables and Gravy** | **Baked Fish served with Chips and Seasonal Vegetables** |
| **Vegetarian Dish (only for who require this)** | **Quorn Tacos** | **Roasted Vegetables and Feta Cheese served with Orzo** | **Tomato Pasta** | **Quorn Roast** | **Vegetable Fajitas** |
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| **Desert** | **Organic Yoghurts** | **Homemade Lemon Drizzle Cake** | **Fresh Fruit Platter** | **Homemade Peach Crumble and Custard** | **Fruit Smoothie** |
| **Fruit****Table** | **Fruit** **Table** | **Fruit Table** | **Fruit** **Table** | **Fruit** **Table** | **Fruit Table** |