



Physical Education and Games Curriculum Policy

Date Reviewed:	04.09.2025
Next Review Date:	01.09.2026
Policy Owner:	David Smith
Ratified @ FGB/Committee Name & Date:	School Policy

Mission Statement

We are committed to providing a supportive, enjoyable and family style environment in which every child is nurtured and encouraged to achieve their potential through a broad-based curriculum and opportunities for developing sporting, dramatic, artistic and musical talents.

Statement of Aims & Objectives

- To enable each child to fulfil their own academic and personal potential.
- To instil in every child the importance of developing personal initiative and to foster in them a belief that they can fulfil their potential in any area of school life.
- To provide a broad based academic and extra-curricular education that is delivered in such a way as to satisfy the learning needs of each and every pupil.
- To help each pupil to develop both a set of Christian values and an understanding and appreciation of other religious beliefs.
- To learn the difference between right and wrong and to appreciate that rights and responsibilities are equally balanced.
- To develop and promote a sense of caring and community between the pupils within the school and the wider community as a whole.
- To instil in each pupil a high degree of self-respect and respect for their fellow pupils, teachers and other adults.
- To prepare each child for the transition to the next stage of their education and to be able to take advantage of any opportunities as they present themselves.

Safeguarding

Oakhyrst Grange School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. At this school we respect and value all children and are committed to providing a caring, friendly and safe environment for our pupils so that they can learn in a relaxed and secure atmosphere. We believe that every pupil should be able to participate in all school activities in an enjoyable and safe environment and be protected from harm. This is the responsibility of every adult employed by, or invited to deliver services at Oakhyrst Grange School. We recognise our responsibility to safeguard all who access school and promote the welfare of all of our pupils by protecting them from physical, sexual and emotional abuse, neglect and bullying. This should be read in conjunction with the Safeguarding Policy.



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All staff will be asked to complete training annually following KCSIE updates. Further safeguard training will take place throughout the year. All staff must wear their lanyards at all times.

The Safeguarding governor is: Pauline Clark Pauline.clark@oakhurstgrangeschool.co.uk

DSL: Roxann Dowling (Head of EYFS) 07746135233

DDSL: Gemma Mitchell (Headteacher) 07786 393228

DDSL: Faye Dance (Deputy Headteacher) 07415 359114

dsl@oakhurstgrangeschool.co.uk



Rationale

1. To help every student realise their potential through physical activity and promote the acquisition of skills.
2. To gain knowledge and understanding of the structure and functioning of the body. To value regular exercise and the effects upon the body.
3. To encourage independence throughout the school; to put away their changed clothes and to be responsible for having the correct kit for games.
4. To develop personal and social awareness particularly through team games.
5. To develop knowledge of safety procedures and an understanding of safe practise, including the need for rules and regulations.
6. To develop the understanding of fair play and the ethics of sporting activities.
7. Most important of all, to encourage a lifelong habit and enjoyment of regular exercise and sporting participation.

Objectives

Games

1. To develop and practise a variety of hand-eye coordination skills such as sending & receiving a ball in sports such as football, netball, hockey, and cricket.
2. To demonstrate understanding of the concepts of different games including attacking, defending, spatial awareness and tactical play.
3. To work as an individual, small groups and as a whole team to achieve success within simple competitive games.
4. To plan, perform and evaluate own performance and that of others in order to work towards improvement of skills.
5. To compete competitively within fixture and competition opportunities.

P.E

Gymnastics:

1. To develop different ways of performing the actions of travelling, turning, rolling and jumping.
2. To demonstrate and perform a number of different balances using a variety of body parts.
3. To plan and perform a short sequence of actions linked together.
4. To develop evaluation skills in order to improve own performance and help improve performance of others.

Fitness & Cross Country:

1. To build stamina and endurance through aerobic activities such as bleep test and cross country running.
2. To encourage regular physical activity and to educate about its benefits.
3. To encourage setting goals and achieving individual fitness milestones.
4. To be able to run competitively.

Athletics

1. To develop and refine basic techniques in running, jumping and throwing.
2. To measure, compare and improve performance.



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3. To compete competitively at athletics events such as sports day, ISA competitions and national events.

Health & Safety

1. Health & safety is paramount and risk assessments are completed for all away fixtures, competitions and other external opportunities.
2. Extensive risk assessments are complete for specific children who require extra support at such events.

Teaching & Learning

1. Each class has a PE lesson once a week for 80 minutes.
2. Each class has a Games lesson once a week for 90 minutes.
3. Pupils have the opportunity to take part in numerous sports clubs run before school, after school, and during the school day.
4. PE & Games lessons are taught with a large emphasis on participation and enjoyment to install a lifelong enjoyment and participation in sport.
5. Achievements are recognised with weekly sports award certificates.

Inclusion

1. Inclusion and differentiation for children with SEND are considered in the planning and teaching in all areas of sport.
2. Every child has the opportunity to be included in a sports team / fixture. Children encouraged to represent the school teams where possible.

Curriculum Planning

1. The Head of Sport (Mr Smith) is responsible for writing the PE/Games curriculum for all year groups. This includes the completion of long-term and medium-term plans.
2. All swimming planning is completed by the Head of Swimming (Mrs Evans)
3. All PE & Games lessons are taught by either the Head of Sport, a PE Teacher (Miss Lomax) or both.

Assessment

1. A new PE & Assessment model has been developed for the academic year. It is designed using a grading system which has criteria running alongside it which children must meet.
2. Children are assessed during each term on their ability level, effort & participation and other specific skills within each topic/sport taught throughout the school year.
3. Fitness & Cross-country scores are recorded frequently to show the effort and progressions throughout the year.
4. These assessment scores are communicated to class teachers and staff throughout the school.

Resources

1. The school has a hard surface tennis court, a MUGA, extensive playing fields and an area of woodland. These are all maintained and checked frequently for safe use.



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2. The school has significant supplies of equipment for children to use and for lessons to be taught to a high quality.

Links within the Community

1. The school regularly plays matches against local schools within the area at sports such as football, netball, hockey, swimming and cricket.
2. We participate in ISA events both locally and nationally.
3. Children are encouraged to join local clubs outside of school. The school promotes and supports local events where possible.

Role of the Co-ordinator

- Review policy and syllabus regularly.
- Overview resources.
- Support staff.
- Monitor physical well being of pupils throughout the school.

This Policy is subject to regular review.